



# Tips for Getting Kids Outdoors

## 1. Family Vote

Engage kids by letting them have a say in the day's activities.

## 2. Be Prepared

Bring comfortable shoes, bug spray, sunscreen, and a change of clothes.

## 3. Scavenger Hunt

Use [Hike it Baby's checklist](#) to keep kids engaged.

## 4. EKIP

Download your [Every Kid in a Park Pass](#) if you have a child in 4th grade.

## 5. Bring a Friend

The outdoors are more fun with friends and Buddy Bison.

## 6. Family Challenge

Set a goal to visit all of the parks in your town.

## 7. Eat Outside

Enjoy the outdoors with a picnic or snacks during your adventure.

## 8. Jr. Ranger

[Become a Jr. Ranger](#) at your nearest national park site.

## 9. Individual Exploration

Allow kids to explore on their own in a set, safe area, under the watchful eye of a grown up.

## 10. Adventure Gear

Bring simple, hands on gear or toys like binoculars, kites, buckets, or nets.

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## In case of inclement weather:

1. Visit a nature center or science museum. They have great indoor activities and if the rain stops you can go outside for a hike.
2. Go puddle jumping.
3. Build a "bark boat" out of natural materials found around your yard, and try to float them in puddles.
4. When the rain stops use all of your senses, what do you smell, hear, and feel. Nature comes alive after a rainstorm, see what you can find!
5. Put on your rain gear (as long as it isn't storming) and go for a hike, trees canopies will help shield the rain so you can still enjoy your day!